
HADLEIGH WOODS GAZETTE

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website: hadleighwoods.com

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Who Is Santa Claus?

Most people think that Santa Claus has nothing to do with the religious side of Christmas. In some ways they are right. However, Santa Claus is actually supposed to be Saint Nicholas. Up until the 1930's he was shown in paintings to look like an ordinary person, dressed normally but wearing a red cloak. Then in the 1930's the Coca-Cola Company ran an advertisement showing Santa Claus the way we know him now; rather fat and jolly, with his red suit and long white whiskers. He was much more appealing to children this way, and so the image stuck.



President's Message

The Board of Directors have completed a two year term serving the Community of Hadleigh Woods for the 2013/2014 seasons. We had a lot of accomplishments as were read at the annual meeting. We handled a number of issues by following the condo doc's as written for HWACCA.

We feel we served you well. We believe you agree, as you have allowed us to serve you again for another two years, and we thank you for that.

It is my contention as President to keep a management fee off of your condo payment.

We have done well over the last ten years controlling our destiny and we will continue to do so a little longer.

The Board of Directors wishes you and your family a Merry Christmas and a Happy New Year.

Tom



Winter Snow Storm Reminders

When a storm is forecasted, please remember to move your vehicle from your driveway to one of the overflow parking areas. After the driveway has been plowed, please remove your vehicle from the overflow parking area. This will allow for an orderly plowing of the driveways and overflow parking areas.

When a night time storm is predicted please leave your outside lights on. This will help the snow plows to do a better job clearing our driveways and front steps.

After a storm, check your furnace exhaust/intake pipes outside to ensure they are not blocked. If the pipes become blocked the furnace will not work

Please be careful of icy steps and driveways. On 12/9/14 we had a couple of residents slip and fall on the ice. At this time of year please be careful when entering and leaving your homes.

For those residents that may treat their driveways, the Board recommends that you use non-corrosive chemicals on the driveway (near the garage) and front steps.

For those residents that need to leave early in the morning we have an early plow list. Our contractor will make every effort to insure these driveways are cleared early. Please contact Cliff by email or phone to be added to the early plow list. If you were on the list last year there is no need to contact Cliff to remain on the list.

Cliff



If you pay your condo fee via automatic payment thru your bank remember to change the amount to \$236.



Free Christmas Dinner

You're invited to share a holiday meal with all the trimmings on Thursday, December 25, 2014 at the Knights of Columbus Hall at 37 Main Street in Salem, NH. An RSVP is needed for planning. Please call Dave Thompson at 603-898-1217. For a ride or to have your meal delivered, call and leave your name and phone number so they can be in touch with you. Sponsored by Sts Mary and Joseph Parish, Knights of Columbus and Salem Christmas Fund.



The S.S. in a ship's name stands for "steamship."

SHIP STATE ROOMS

Traveling by steamboat was considered the height of comfort. Passenger cabins on the boats were not numbered. Instead they were named after states. To this day cabins on ships are called staterooms.

Thank you to everyone who donated towels to the Salem Animal Rescue League. They were very much appreciated.

Gratia



Computer Corner

Are you buying printer ink often? Extend ink cartridge life by switching to frugal fonts such as Century Gothic, Garmond and Times New Roman. Reduce the size from 14 to 10 point to use less ink. Also, put your printer on standby mode – some models use more ink when printing immediately after they're turned on. Generally, use less bolded text, use smaller fonts and only write what's essential. Novels are for writers. Don't print anything before you haven't thoroughly revised the content for mistakes. Otherwise you might end up printing it several times. Print only what you need. Don't print a whole book, if you're only interested in a few paragraphs. Don't print the graphics, if you're only interested in the text and vice versa. If you're printing a piece of text for proofreading, you may not need to print the pictures. In Word you can make use of the print option "draft output", which prints a fast and low-quality draft copy without images. Go to >file >print. This will open the print menu. In the bottom left click >options and check >draft output. Then go ahead and select the printer.



New Thinking on Alzheimer's – The rate of Alzheimer's disease in the U.S. is not climbing as fast as they were, possibly because people are getting their blood pressure and cholesterol under control – two heart-healthy measures that may also be good for the brain.

- *Prevention is the key.* A half-dozen trials are underway to test whether lifestyle changes good for the heart – such as exercising and adopting a Mediterranean diet – can prevent or postpone Alzheimer's.
- *Brain stimulation works.* Many types of brain-stimulation devices are being tested not only to treat and prevent Alzheimer's, but also to improve cognition in people without dementia. Some of these devices are implanted into the brain, and some are worn externally like a headband.
- *Get walking.* For keeping your brain healthy, research shows that walking is as good as running, as it enhances blood supply in your memory centers.



NOW OPEN FOR THE SEASON

SNOW POND ALPACA FARM & FARM STORE
2 WINTER STREET, WINDHAM
www.snowpondfarm.com

They are open every weekend from 10am – 5pm on Saturday and 1pm – 4pm on Sunday. This season they will be selling baked goods. All proceeds from the sale of the baked goods will be donated to Autism Speaks in memory of Ella Okerman.



'A SHOT OF WHISKEY'

In the old west a .45 cartridge for a six-gun cost 12 cents, so did a glass of whiskey. If a cowhand was low on cash he would often give the bartender a cartridge in exchange for a drink. This became known as a "shot" of whiskey.



**Helpful website: Pill identifier – look up pills by imprint or appearance.
Drugs.com/pill_identification.html**



Job opening! *After a number of years publishing the Gazette, it is time for me to retire from doing this newsletter. I have enjoyed my time in producing something that I hope has given you information related to our community in a clear, concise and unique way.*

Please notify the Board of Directors that you would like to volunteer for this job.

Richard



ONGOING

Breakfast on Friday at 8:30 AM. An informal breakfast, open to all residents and guests of Hadleigh Woods, is held every Friday at 8:30 AM at the Alley Kat Grill located inside Park Place Lanes.

Bowling on Wednesday at 3:00 PM. The H-W "Open-To-All" bowling party is held every Wednesday afternoon at 3:00 PM at Park Place Lanes. We bowl for fun & exercise never following the rules of the game. After our fun bowling, some of us go out for a meal.

Rail Trail on Sunday. The Windham Rail Trail is a former railroad right-of-way that has been converted to a beautiful scenic walkway for running, walking, biking and horseback riding. Also in winter time, snowshoeing and cross-country skiing. It leads thru a forest of trees with ponds and granite walled areas along the path. A number of people have been going to breakfast at the South Side Diner in Derry at 9:00.